

# THE KOMMUNICATOR

April 2009



Bulletin Published Monthly by the  
Kiwanis Club of Manchester, NH  
PO Box 987, Manchester, NH 03105



[www.kiwanismanchesternh.org](http://www.kiwanismanchesternh.org)

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## PRESIDENT'S MESSAGE



### Mid-Year Energizers

The "Mozart Effect" is a great way to enhance thinking skills and to help us get re-energized.

Okay, it's mid-year (in Kiwanis terms), the economy is rocky and, finding a safe investment is like bottom fishing for marlin. Do these things get you down? Sure they do, but remember, better days are ahead. So, let's get those oars back in the water and move forward. We need to energize ourselves when we get a bit down over issues and we can do this in a number of ways:

*Physical activity is beneficial.* Get out and walk. If you are indoors all day, get up from your desk and walk around. This will stimulate your mind and make you more alert.

*Humor is a natural elixir.* We laugh because we hear or see something that doesn't fit our normal way of thinking and that makes us feel better.

*Stimulating music* can help us to feel more alert and help with thinking skills. It doesn't have to be Mozart, it can be any music that helps to stimulate and/or relax you. Try the "Music Bath" concept. Lay back in a comfortable chair and let your favorite music pour over you like cool water.

Well K's, now that you are going to use physical activity, humor and stimulating music to get energized, you will be able to come to more meetings and maybe even join a committee to positively direct all that new power!

Have a great month!  
Ed Bellemare, President

**" All power makes its own place."**

~ Ralph Waldo Emerson

## UPCOMING SPEAKERS



**April 1** – Auction Kickoff with Frank Eaton.  
*Topic:* Mini-auction preceding the June 2009 auction.

**April 8** – Nick Coates and Mark Richardson from Orbial Inc. *Topic:* Passenger rail service in NH.

**April 15** – Bedford Key Club member, Nicole Costa.  
*Topic:* Club activities this year.

**April 22** - Bernie Marchowsky from George's Apparel.  
*Topic:* What you need to know about men's clothing!

**April 29** – Jen Indeglia, Club member.  
*Topic:* Chinese adoptions, her personal experience.

## BIRTHDAYS & ANNIVERSARIES



The following Club members were born and/or joined Kiwanis during the month of April. Club members wish them a Happy Birthday and/or Happy Anniversary!

### BIRTHDAYS

Emile Beaulieu	2	Carl Jones	1965
Gail Winslow-Pine	11	Art Sullivan	1981
Beke Van Der Beken	13	Dave Acquaviva	1990
Ed Bellemare	15	Tim Sweeney	1990
Flo Bernard	16	Steve Hulett	1999*
Tim Sweeney	17	Lou Catano	2000
Skot Pare	23	Cathy Cere	2003
Debbie Kelley	25	Glenn Frost	2006
Tracey Adams	26	Pete Del Mastro	2006

### ANNIVERSARIES

\*To Steve Hulett, with 10 years in the Club, all members extend you a sincere and heartfelt congratulations!

## STAN GRANT - 50 Years and Going Strong

by Tom Kallechey



The Manchester Kiwanis Club honored its most senior member recently. Although Stan Grant has logged more time as a Kiwanian than any other member, he continues to actively contribute to the Club. Retired from running his family's auto dealership, Stan pictured here with his red jacket, regularly attends meetings and participates in Club activities. For years he has been a top producer for the annual Auction, the Club's biggest fundraiser. Thanks Stan for 50 great years. Here's to many more!

### UPCOMING EVENTS

**April 1** ~ Get ready for some fun on April Fools Day as we present a Mini-Auction (preview to our June 6 Auction at Webster House) at this lunch meeting! Bring your sense of humor!

**April 4** ~ **Kiwanis One Day** in participation with the Manchester Boys & Girls Club. Details at Club meeting.

**April 16** ~ Board of Directors Meeting, Hampshire First Bank, 8:30 am.

**May 9** ~ Fish With A Child.

**June 6** ~ Kiwanis Club Auction at the Webster House.

### BOARD OF DIRECTORS

by Emile Tetu

The Board of Directors held their meeting on March 19, 2009 and approved the minutes from the February board meeting.



The Treasurer reported that the balances in the checking accounts as of February 28, 2009 were: Operating = \$5,971.11, Foundation = \$16,775.16 and Parking = \$9,903.93.

As reported by the membership chairman Rob Batchelder, we have several new member applications pending. Glenn also advised he has several individuals interested in joining our Club.

Three West High Key Clubbers are attending the District Convention at the Marriott Hotel in Springfield MA on Saturday April 4<sup>th</sup>. The theme will be: "All around the

world, Service without borders". Monika Bryant will be traveling with them to this meeting.

The Auction steering committee is meeting regularly to lay out the plans for this year's fundraiser at Webster House. The date of the auction is Saturday, June 6<sup>th</sup>. MARK THE DATE ON YOUR CALENDARS.

Ed Bellemare advised the board that the program book for the Celebrity Roast is going to print on Monday March 23<sup>rd</sup>. The budgeted income for the program book was reached; Tracey is tracking the ticket sales and the table reservations. Glenn has indicated that he and Monika have assembled some nice items for the silent auction. Maria has completed her assignment and produced or contracted for all the printed material. Hal is pulling together the last minute program details while Dennis is arranging for the room set up. Ed will be the point person on the day of the event.

Glenn Frost has purchased all the supplies needed for Fish with a Child. He is now working on the BBQ needs. The event will be held on Saturday May 9<sup>th</sup> in the morning at the Londonderry Fish & Game Club.

Glenn Frost has arranged for an Interclub with the Concord Club at the Red Blazer on Monday March 30<sup>th</sup> at 5:30 pm.

Diane Brewster will be become the new Editor of the Kommunikator starting with the May issue. Our sincere thanks to Barbara Trudeau for her management and expertise over the last six months.

Dottie Gove reported that the Nominating Committee has been successful in assembling a roster of volunteers for the soon to be available Board of Director's positions. The selection process is still open and any member who is interested in serving our Club, on the board level starting on October 1<sup>st</sup>, is being asked to contact Dottie Gove by calling her cell phone at 540-5215.

Shannon Sullivan & Tom Kallechey have recently submitted pictures and articles to both the Union Leader and the Yankiwonian. Be on the lookout!

The board approved a \$1,000 donation to Camp Spaulding.

The Greater Manchester YMCA was awarded a \$1,500 grant for youth summer camp scholarships.

The New England District Governor's Visit will be held at the Red Blazer in Concord on Monday April 27<sup>th</sup> at 6:00 pm. This visit will coincide with Concord's 85<sup>th</sup> anniversary celebration. All members are invited to attend this dual function – price is \$25.00 pp - contact secretary Emile by April 4<sup>th</sup> to register.

The next Board meeting is scheduled for April 16, 2009 beginning at 8:30am in the Boardroom of the Hampshire First Bank, 80 Canal Street, Manchester, NH.



## LUNCH MEETING PRICE WILL INCREASE IN MAY

by Emile Tetu, Club Secretary

President Ed has received notification from the Chateau that effective with the first luncheon meeting in May (5/6), the price of the meal will be going up. We have been charging \$10.00 at the door; the breakdown was that \$8.50 went to the Chateau to pay for food and service and the Club kept \$1.50 to help pay for Club operating expenses. This income + the "Happy Jug" + a few residual dollars from the annual dues billing is the only income we receive to operate the Club. Most of the annual dues billing goes to Kiwanis International.

Our expenses are typically office supplies, printing costs, educational meeting expenses for members and the attendance at the Kiwanis International Convention every year for two board members. For several years now, our operating account has been shrinking. We will make it through the end of this fiscal year because we have been fortunate enough to have built up a strong balance a few years ago – but this surplus is almost all gone. At the new cost of \$9.50 going to the Chateau, your board has decided to raise the meeting luncheon cost to \$12.00 at the door. This will leave our Club a \$2.50 profit (\$1.00 more than previously) that should take us back to at least a break-even level every year for a while.

## FISH WITH A CHILD

by Gregg Flegal



Fish with a Child will take place on Saturday, May 9<sup>th</sup>, 2009 at the Londonderry Fish & Game Club. It is designed to give young boys and girls from center Manchester the opportunity to enjoy a morning of excellent trout fishing. In many cases, it's the first time they've ever held a rod and reel. What a joy it is to see the proud smiles as they pull in a fish for the first time! Poles, bait and a delicious barbecue are provided. The trout are even cleaned and bagged for them to be taken home. Along with the poles and fish, each child will take home an official Fish with a Child trophy to commemorate the day.

This event has become a favorite among Kiwanians. It's a chance to really impact a child one on one. It's also a time to get to know Club members in a relaxed environment. We expect about 30 smiling, excited kids in attendance and it can't be a success without a strong turnout from the Club. Most importantly, we need at least 20 people dedicated to helping the kids fish. The first timers need some hands-on help with baiting the hooks, casting and, of course, removing the fish! However, they get the hang of it quickly and often take pride in doing it themselves. We also need a large number of folks to help with the barbecue, set-up, clean-up and general supervision.

Fish with a Child is held rain or shine. Plan to arrive at 8:00am and leave by noon. Please be prompt and plan to stay the entire time. We have to keep the gates locked at all times, so, if possible, there will be no entrance or exit between 8:30am and noon.

**Directions to the Londonderry Fish & Game Club are as follows:** from the airport intersection of Brown Ave, Perimeter Road and Airport Road, follow Route 3A south for three miles. Take a left on Albuquerque Avenue. Take the next left (into the property of Litchfield Sand & Gravel; if you get to the golf course clubhouse you have gone too far). Follow the Kiwanis signs from there. If you have any questions please call Gregg Flegal at 660-1379.



## FIRST ANNUAL KIWANIS CELEBRITY ROAST



Our First Annual Kiwanis Celebrity Roast will have occurred on the evening of March 27<sup>th</sup>, which is just beyond the deadline of our monthly newsletter.

Look for a full report on the "happenings" of this event in the May issue of the Kommunikator.



## KIWANIS "KLOSE-UP"



This month's profile highlights Lou Catano, one of our esteemed Board members and, a long-time active member of our Club. Lou participates as a member of the Auction Committee, Parking Committee, and Budget & Scholarship Committees. Lou, self-effacing by nature, is a quiet man but as the expression goes, "still waters run deep". As the Executive Director of the Webster House, Lou has greatly impacted the lives of countless adolescents throughout his working career and helped these young people weather some difficult and turbulent times. Here's what Lou has to say about himself:

I am currently in my 25th year at the Webster House. I am a licensed clinical mental health counselor and for the past 9 years I have been the Executive Director of the home. I truly love my job and love the way Kiwanis and others in the community help support the children who live here. It is a challenge but it is also an amazing "feel good" job.

I recently celebrated my 30th anniversary with my wife Patti and we have 2 girls Rachel (21) and Lauren (20) who are both busy pursuing their college degrees. We live in Strafford NH and enjoy the lake and Parker Mountain whenever there is time. My interests include finishing my house, hiking, kayaking, motorcycles and spending time with my family.

**Food for Thought**

**Why do people drive on a parkway and park in a driveway?**

**Why is the man who invests all your money called a broker?**

**KIWANIANS & KIDS ICE A WIN**

*by Tracey Adams & Tom Kallechey*

February 21, 2009 was Kiwanis Night at the Monarchs. The Monarchs are a minor league professional hockey team affiliated with the L.A. Kings and are based at the Verizon Wireless Arena in Manchester, New Hampshire. Kiwanians from Manchester, Hudson, Claremont, Hooksett and Concord cheered the Monarchs on to victory over the Devils from Lowell, Massachusetts.



Twenty-five members and staff of the Boys & Girls Club of Manchester were special guests of the local club. The kids had a great time. One of the highlights of their evening included a visit from Max, the Monarch's Mascot, and going onto the ice between the 2<sup>nd</sup> and 3<sup>rd</sup> periods to collect all the "Chuck-A-Pucks"!



**Upcoming District Events:**

- 4/4/2009 ~ Kiwanis One Day of Service
- 5/8/2009 ~ Cruise to Bermuda
- 8/14/2009 ~ 91<sup>st</sup> New England District Convention, Warwick, RI
- 11/20/2009 ~ Fall Training Conference, No. Conway, NH
- 6/23/2010 ~ 2010 International Convention, Las Vegas, NV



JUNE 25-28, 2009

94<sup>th</sup> KIWANIS INTERNATIONAL CONVENTION - NASHVILLE, TENNESSEE

**BOYS & GIRLS CLUB HOST 7<sup>th</sup> ANNUAL FOUNDATION OF FRIENDS BREAKFAST**

*by Tracey Adams*



The Boys & Girls Club of Manchester will host their 7<sup>th</sup> Annual Foundation of Friends Breakfast on Thursday, April 23<sup>rd</sup> from 7:30 to 8:30 a.m. at the Radisson Hotel Manchester. This

is a free, inspiring one-hour event that will feature a message from executive director Gary Frost, a video, a testimonial speaker and Club members seated at each table so you can hear first-hand of their experiences at the Club.

This is the Club's major fundraising event that raises money to support annual operating expenses and guests will be asked for a contribution, although there is no minimum or maximum expectation. All Kiwanians are invited to attend and, if interested, should contact Tracey Adams at 625-5031 x-228 or at [tadams@mbgcnh.org](mailto:tadams@mbgcnh.org). I hope you'll be able to join us!

**KEY CLUB KORNER**



At the March 11<sup>th</sup> meeting of the Kiwanis Club, (l to r) Chelsea Cahill, the Lt. Gov. and member of the West Key Club and Robyn Keriazes, Key Club President reported on a number of activities the West

Key Club has participated in. Such commitment from these young people!

As mentioned in the Board minutes, three West High Key Clubbers are attending the District Convention at the Marriott Hotel in Springfield MA on Saturday April 4<sup>th</sup>. The theme will be: "All around the world, Service without borders". Monika Bryant will be traveling with them to this meeting.

**NEW MEMBER NIGHT**

*By Rob Batchelder*

On Wednesday, February 18<sup>th</sup>, our Club hosted a special "New Member Night" complete with hors d'oeuvres, cocktails, awards, speakers, and live entertainment!

We all know that in order for our Club to continue to thrive we need to always be looking for new members to join our great organization. Thanks to all members who

made a special effort to invite someone to attend this unique event. It was a great opportunity to give prospective members a sense for what our Club is all about; helping kids, networking, making friends and having fun!!

We had a chance to hear about the impact our Club makes on our community directly from those who



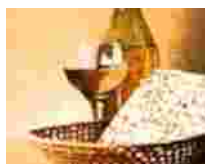
benefit from our efforts. Lou Catano spoke on behalf of the Webster House, Jennifer Indeglia for Girls Inc, Sgt Ernie Goodno for MPAL, and Brian Tremblay for the Manchester Boys & Girls Club. We also were fortunate to be able to celebrate a very special honor by recognizing Stan Grant for reaching 50 years as a member of our Club!! Congratulations Stan!

The evening was capped by a performance from our own in house Kiwanis band, the Union Jacks, who performed several songs from the British invasion. Complete with Beatle wigs, Lennon specs and authentic 60s instruments, the band played a variety of familiar tunes and had a great time doing it! Our secret weapon this time was Brian Tremblay, also known as Manchester's Citizen of the Year for 2009. Brian has a love for Beatles music and made a great addition to the band as both a singer and guitarist. Other band members include our own Fred Savage (Paul), Dennis Sweeney (George), Skot Pare (Ringo) and Rob Batchelder (Apeman).

Please remember to stay in touch with your new member prospects so that we can keep our membership growing!!



## Happy Passover



*Happy Easter!*



## EDITOR'S NOTE:

It is with great pleasure that I introduce you to Diane Brewster, our new Kommunikator Editor. Diane has been a member of the Kiwanis Club for three years and will take over our newsletter with the May issue.



For the past six months, I have very much enjoyed my short time as your Editor. I have also appreciated your terrific feedback, your contributions and especially your friendship as fellow Kiwanians! I'm sure Diane will experience the same satisfaction and fulfillment as your new Editor. I wish her every success in this new venture.

Also, in next month's issue, look for a complete bio on Diane and other interesting information about why she chose to volunteer her time in this important way.

Welcome Diane!  
*Barbara Trudeau*



*The observer, when he seems to himself to be observing a **stone**, is really, if physics is to be believed, observing the effects of the **stone** upon himself."*

*~ Bertrand Russell*

*Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.*